Object Lesson: Jesus is my Rock

A ROCK: Talk about rocks. A rock is solid, it is heavy, not easily changed. People use rocks as weights to hold down things that would blow away in a wind storm. It can be used as a paperweight. With a rope attached, a rock can be used as an anchor for a boat. If you throw a rock into a bonfire, it might come out black but it is not burned. Some rocks are very precious gems and precious gems are found in rocks. Caves are places in big rocks where people have often made homes, taken shelter and found safety from the elements.

The Bible says in Psalm 18:2; The Lord is my rock, my fortress and my deliverer. My God is my rock in whom I take refuge.

When you trust in God, He is like that rock that does not change and where you can find security and safety.